



# OTTAWA SWORDPLAY

REAL MEDIEVAL SWORDPLAY. REAL HISTORICAL EUROPEAN MARTIAL ARTS

## April 4 – June 24, 2017

Tuesday	Friday	Saturday
7-9 pm Schranckhut Longsword Fitness Dagger and Ringen	7-8 pm Stier Longsword Hafted Weapons	12-1 pm Young Knights and Warrior Princesses
8-9 pm Intro to Longsword Novice Class	8-10 pm All Levels Fight Night <i>Every other Friday</i>	12-2 pm Schranckhut Longsword Fitness Dagger and Ringen
7-9 pm Eisenpfort Longsword Grossemesser		12-2 pm Eisenpfort Longsword Grossemesser
7-10 pm Eber Longsword Rapier Or Sword and Buckler	8-10 pm Stier Longsword Program Development <i>Every other Friday</i>	12-3 pm Eber Longsword Sword and Buckler
		3-4 pm Stier Longsword

Each rank registration includes all the classes at lower ranks

Rank 0 Novice Purple	Rank 1 Schranckhut Blue	Rank 2 Eisenpfort Green	Rank 3 Eber Yellow	Rank 4 Stier Orange	Open to all ranks White	Youth Classes Pink
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Register online at

[www.ottawaswordplay.com](http://www.ottawaswordplay.com)



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## Class Descriptions – Novice and Intermediate Classes

Rank 0 Novice Purple	Rank 1 Schranckhut Blue	Rank 2 Eisenpfort Green	Rank 3 Eber Yellow	Rank 4 Stier Orange	Open to all ranks White	Youth Classes Pink
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### Novice: Intro to Longsword

Novice students will be introduced to the basic techniques of the German Longsword. The Longsword is the central weapon in Liechtenauer's art. It was a sword intended to be used with two hands. Our Longsword classes focus on blossfechten, or unarmoured combat, based on the 1452 von Danzig Fechtbuch (Fight Book or Manuscript).

Students will perform a skills demonstration on the 12<sup>th</sup> week.

Students may register for Novice classes:

- Once a week for 12 weeks: \$240
- Twice a week for 12 weeks: \$360 - All Access

### Rank 1: Schranckhut

Students in the Schranckhut classes will develop the novice Longsword techniques and will be introduced to new techniques of the Longsword. In addition, they will learn dagger and ringen (wrestling) techniques, these are based on the additional material in the 1452 von Danzig Fechtbuch. Students will also participate in our fitness program, designed to reduce the risk of strain and develop strength for swordplay.

Schranckhut students continue to develop their skills alongside the novice classes. Freeplay sessions are 20 minutes at the end of the novice class. Students at this rank are welcome to stay for the next 20 minute freeplay session, which begins at the start of the Eber class.

Students registering for Schranckhut Rank get both Schranckhut and Novice classes

- Once a week for 12 weeks: \$240
- Twice a week for 12 weeks: \$360 -All Access

### Open to All Ranks

Fight night is open to all ranks every other Friday from 8-10 pm. Rank Skill Demonstration (testing) for all ranks except for Novice are during the Fight Night. All-Access students attend for free!

- Drop in fee
  - \$4.42 for members
  - \$8.85 for non-members

### Young Knights & Warrior Princesses

Young Knights and Warrior Princesses is open to youth aged 8-15 years and will cover material from the Novice and Schranckhut programs. The pace is age-appropriate and a variety of skill-building games are integral to the program. Students may move into adult classes when they are ready. Open to both boys and girls.

Once a week for 12 weeks: \$240



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## Class Descriptions – Intermediate and Advanced Classes

### Rank 2: Eisenpfort

Students in the Eisenpfort classes will expand their understanding of the Novice techniques, develop the Schranckhut techniques, and will be introduced to the Eisenpfort techniques. In addition, they will learn they will learn Grossemesser (Big Knife) techniques for the single-handed sword, based on the late 15<sup>th</sup> century Lecküchner Fechtbücher.

Eisenpfort students continue to develop their skills alongside the novice and Schranckhut classes. Freeplay sessions are 20 minutes at the end of the class, and 20 minutes at the start of the Eber class.

Students registering for Eisenpfort Rank get access to Eisenpfort, Schranckhut and Novice classes

- Once a week for 12 weeks: \$360
- Twice a week for 12 weeks: \$450 - All Access

### Rank 3: Eber

Students in the Eber classes will consolidate the Novice techniques, expand their understanding of the Schranckhut techniques, develop the Eisenpfort techniques, and be introduced to the Eber techniques. In addition, students will also learn rapier and/or sword and buckler techniques. Rapier techniques for the single-handed sword are based on Joachim Meyer's 1570 Fechtbuch. The sword and buckler techniques are based on Andreas Lignitzer's material in the 1452 von Danzig Fechtbuch. Rapier classes are not available on Saturdays. Eber students will sometimes assist in instruction of junior students.

Eber students continue to develop their skills alongside the novice, Schranckhut, and Eisenpfort classes. Freeplay sessions are 20 minutes at the end of the Eisenpfort class, and 20 minutes at the start of the Eber class.

Students registering for Eber Rank get access to Eber, Eisenpfort, Schranckhut and Novice classes

- Once a week for 12 weeks: \$420
- Twice a week for 12 weeks: \$540 -All Access

### Rank 4: Stier

Students in the Stier classes will learn mastery of the Novice techniques, consolidate the Schranckhut techniques, expand the Eber techniques, develop the Eisenpfort techniques, and be introduced to the Stier techniques. In addition, they will learn hafted weapons techniques (eg. spear, pollaxe) based on the material in the von Danzig Fechtbuch and the 15<sup>th</sup> century Gladiatoria group of Fechtbücher. Stier students will have opportunities to assist in instruction of junior students.

Stier students continue to develop their skills alongside the novice, Schranckhut, Eisenpfort and Eber classes. Freeplay sessions are 20 minutes at the end of the Eisenpfort class, and 20 minutes at the start of the Eber class.

Students registering for Eber Rank get access to all classes.

- Three times a week, 12 weeks: \$540 - All Access